



NEWSLETTER – NOVEMBER 2023 – No. 191



“Reflections” – 2 Corinthians 3:18

“And we, who with unveiled faces all reflect the Lord’s glory, are being transformed into his likeness, with ever-increasing glory, which comes from the Lord, who is the Spirit”

GREETINGS AND NEWS FROM OUR PRESIDENT: Val Kath

Greetings Ladies of LWQ: Corinthians 12:4-6 “There are different kinds of gifts, but the same Spirit. There are different kinds of service, but the same Lord. There are different kinds of working, but the same God works all of them in all men (Women)”. This sums up the work of Lutheran Women so well. As we join with zones for their Fellowship Days, it is so encouraging to see you all at work where God has planted you. We have all been given gifts and talents, and to see them being used to His Glory is a real blessing.



Avalon and I had the privilege to attend LWA Council Meeting in Adelaide on your behalf in July, where we were warmly welcomed by the members of LWA Executive. Please pray for them as they work and plan for Convention in Murray Bridge, SA in October 2024. (Look for more info in Lutheran Women Magazine.)

The executive have shared and joined in visiting as many zones as possible for their Fellowship Days in recent weeks. I thank them for their willingness to share in this privilege as we try to keep you all informed and up to date with news of LWQ and the wider work of Lutheran Women.

The LWQ Executive will meet in Toowoomba on the 27th October for our first time since Convention in May. Please keep us in your prayers as we plan Retreat 2024 being hosted by BSGCZ and the general working of LWQ.

As the year progresses quickly, this will be our last Newsletter for 2023. I wish you all God’s Blessing for a Happy and Holy Christmas and may the “Babe of Christmas” be truly the Reason for the Season.

Blessings, Peace and Grace – Val Kath



John: 14:27 “Peace I leave with you, my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”

WEST MORETON ZONE FELLOWSHIP DAY – 29th August 2023

Immanuel Lutheran Church Ropeley, “Peace in Christ” John 14:27

After a delicious morning tea provided by Ropeley Guild, Pr Luan took the opening devotion. He asked if we felt we had peace in our lives and in the world. As Christians, we do find peace in Jesus. As God’s chosen people, we have the Peace of God in our hearts and lives. We sang “Make me a channel of your peace” accompanied by Val Dodt our organist for the day.

Shirley Reimann, Ropeley Secretary, welcomed all present. Shirley Klinge welcomed everyone on behalf of LWQ WM Zone. We also welcomed members of the LWQ Exec.



Shirley Reimann explained the meaning of the visual display. “Peace in Christ” was depicted by a large decorated wooden cross topped with a white Dove of Peace. A bunch of olive leaves and an old plough shear with the sign “Peace not War” reflected our desire for world peace. The world globe with the cross in front reminds us that Jesus died to save everyone. The open Bible and the open hands of God reminds us he offers us peace.

Pr Peter Geyer gave the Bible study based on John 14:27. Sin destroyed peace but Jesus came into the world as the Prince of Peace. The righteous life of Jesus brings us peace with God. The Holy Spirit brings to us a deep inner peace. Jesus has won eternal peace for all through his life, suffering death and resurrection. Jesus gives us peace during conflict.



Guest speaker Fay Gutzke, a member of Boonah is a prolific quilter who learned to sew as a little girl, from an elderly dressmaker who taught her to sew using material scraps. Fay showed us more than 24 quilts she had made over the years. Each quilt has a story attached. Fay uses her talent to bring peace to many people. When she sees a need, she makes a quilt as a gift to help ease the pain of troubled people. Fay makes many memory quilts for herself and others. Making quilts helps her to feel closer to God and brings her peace. Fay and Husband love to travel. Quilts as reminders of their round the world trip and around Australia travels in a caravan. Fay’s quilts depict memories of time past, the circle of life and her grandchildren. Fay loves birds and flowers, and they are often depicted in her quilts. Fay makes quilts for guest speakers and as prizes for competitions. She uses multiple techniques and previously hand stitched all her quilts. What an amazing talented, generous follower of Christ she is. You can guess what Fay did during Covid lock-down! Fay was presented a thank you gift by Shirley Reimann from Ropeley Guild.



The offering of \$535.00 will be donated to the LCA Disaster Fund. The Ropeley ladies sang “Whispering Hope”. Then we all enjoyed Praise Time. Pr Geyer spoke about Perpetua and Polycarp in his closing devotion and finished the morning with prayer. Chats over lunch in the hall, ended a very enjoyable Day of Fellowship with our fellow Christian women.

Reporter: Jan Fischer.

DARLING DOWNS ZONE FELLOWSHIP DAY – 4th September 2023

St Peter's Pittsworth, "Singing from the Heart" Zephaniah 3:17



"The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in His Love, He will no longer rebuke you, but will rejoice over you with singing"

Joanne Rohrlach welcomed 72 attendees to Fellowship Day, hosted by Pittsworth and Nobby ladies. We sang with our hearts, "Sing to God with Joy", "Sing a new song unto the Lord" and "How shall I call you", followed by a devotion based on the text. Music is

infectious, like a miracle it brings people together. God's song is over us all throughout our lives whether happy or sad times. The words of "God Gave the Song" was read and our prayer, "Make my life to be" was sung enthusiastically.



Jenny Stollznow, President of LWQ DD Zone officially welcomed us all to the day. Pr Lionel Rohrlach led us in our Bible Study. We were encouraged to *Listen* in our lives for God's singing over us, reminded of God's joy when we are baptized, that Angels rejoice over 1 sinner who repents, and that the dark clouds help us to see our many blessings. Pr Lionel passed on news of the district from Bishop Mark. Pr Mark Demmer led us in the offering prayer. The offerings for the day, \$1073, will be divided between Lutheran Youth Ministry and Fred Hollows Foundation.

LWQ President, Val Kath, gave a report on her attendance at LWA Council meeting in July. ALWS thanked the LWA for the recent wonderful donations towards its work in Myanmar. Our prayers are desperately needed for these people who suffer so greatly. Accumulated funds have enabled funding support of \$10,000. each to Indonesia LSC, Meri Wok PNG, Finke River, FNQ, Ab. Min SA. We were pleased to hear that awareness of the work of LWQ had been raised significantly by reports given at Synod by Avalon Hall and Marilyn Jonas. Maureen Turner, editor of LWA magazine, gave us an update on the magazine. Due to rising publishing costs, the annual subscription will rise to \$20 with LWA subsidising \$5 per copy.

Our guest speaker, Josh Arnold, was welcomed, along with his wife, Natasha. A country boy from Tara Qld, Josh spends time in schools across cities and regional areas in Qld and Australia, connecting with children and writing songs inspired by their stories. Music brings people together, and he spoke about bringing children from different backgrounds and ethnicities from 20 different schools, to the Empire theatre in Toowoomba to sing "Part of This World". He is obviously passionate about his work and offered to write a table grace with us. This activity had us all thinking, and it was very enjoyable seeing it all come together. Robin Williams thanked Josh, and Jenny presented him with a basket of fruit.

Lois Schultz moved a vote of thanks to all involved in making the day a wonderful success. We sang "How Great Thou Art" before Pr Demmer gave a closing devotion. We have promise and assurance in God's word. By God's grace and His atoning sacrifice of Jesus, God delights in our coming together in fellowship.

Josh led the singing of our Table grace before we enjoyed lunch and fellowship together.

*We gather together in the presence of God, Sharing these gifts....with grateful hearts
Blessed with new strength, and the melody of love, United as one...
Singing from the heart, singing from the heart...*

Reporter: Dawn Fagan

WIDE BAY BURNETT ZONE 55th Fellowship Day – 7th September 2023

St Paul's Lutheran Church Murgon, "STRONG AND COURAGEOUS" Joshua 1:9

The morning began with a refreshing cuppa followed by a Communion service, which included several favourite hymns and Bible readings on our theme for the day, conducted by our guest pastor for the day Jordan Bennett. A warm welcome was given to all by host guild Lavine Perkins and Zone President Nola Zerner.

Pr Jordan led a challenging Bible study based on Joshua 11: 1-9 where we were reminded again and again to take courage and don't be afraid for the Lord our God will be with us wherever we go.

After enjoying an appetising luncheon we began the afternoon with a short session of Praise followed by GUEST SPEAKER Katie Zerner, physiotherapist, wellness and life coach and vibrational kinesiologist speaking about our health and ways we can use to help us keep fit and healthy using our diet, exercise deep breathing to relieve our stress and caring for each other. How to get up after a fall – demo given – this was of great help and interest to all – thank you Katie.

GUEST SPEAKERS FROM GRAHAM HOUSE, Murgon were Maree and Alicia. Maree shared the history of Graham house from when it was originally a family home, then hospital, hostel for children during the war, boarding house for school children, flats the in 1988 caring for the needy. In 2022 a new building replaced the old and the assistance to the public increased where the following were available: Family support, Older wiser and stronger – domestic violence, building futures together – helping to keep families together, Emergency relief – financial crisis, No interest loan scheme, Family thrift shop, community garden, book exchange and seniors monthly morning tea are just some of the things on offer from Graham House today – thank you Maree and Alicia.



We had the privilege of the Vice President of LWA Maureen Turner and LWQ President Val Kath visiting with us and telling us of the latest events happening in our guilds.

The offering for the day of \$480 was given to the Uganda Sewing rooms. We finished a wonderful day of fellowship with devotion led by Judy Guse.

L-R: Karen Bryce, Val Kath, Maureen Turner, (LWA VP & Editor of LW Mag.) and Nola Zerner.

Reporter: Joan Yappa

Gal. 5:22 "The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."

Let's spread Christ's Aroma and bring people running!

BRISBANE NORTH SUNSHINE COAST ZONE FELLOWSHIP DAY 20/09/2023

Hosts: Immanuel Buderim. A beautiful spring day greeted approx. 35 in attendance with the theme: "Shepherd" Acts 20:28a "Be shepherds of the Church of God". A welcome cuppa greeted everyone who travelled.

Zone Pres. Ruth Geitz welcomed everyone especially Hazel Weis (LWQ Vice President). Pam Flessler, Immanuel Pres. thanked Lutheran Tract Mission for sending a compilation of tracts to suit our theme "Shepherds", and our age groups as we nurture our grand and great grandchildren. As Christmas is approaching, tracts to include there as we give a "Jesus message" with Christmas and Birthday greetings.



Pr Doug Fitzpatrick in his devotion, helped us to understand the meaning of "Our" Father in heaven, as we pray the words each day of our lives. The one identity binds us together. He really is everyone's Father as we ask for everything that is included in that prayer.

The offering during the song "Freely Freely" was donated to the projects of "Dorcas cottage" in Uganda. Suitably named after "Dorcas" in the Bible. She was known for her acts of charity and helping those in need. Money is sent over so the women can buy the materials they need instead of the postage to send from Australia. \$610.00 was the offering for this project.

Guest speakers: Lyndal Mayer and Eunice Wallis Took us on a trip (via power point) with the team from Immanuel and the various projects they have started and continue to do during their stay in Uganda. Helping to build small homes for orphans where they live with a "Mumma" (usually a widow or grandmother) in a family village environment in Watoto. Where there is a school, access to medical and a church. They are able to support themselves with farming and animals. In the Kamuli district they saw a need for the women to learn to sew hence a two room building was erected with 2 rooms for sewing. This house is called "Dorcas cottage" – The cottage is equipped with sewing machines where the women can sew hygiene packs given free to girls (so they don't miss school) and birth kits. The receiver of these essentials are prayed over when given out, as are the and garments that they sell at the markets as well as for themselves. The team also take with them a supply of seeds and hoes for farming, all to encourage sustainability and independence. A future focus is on providing Bibles in their language and build another sewing room. Through mission we are being "Shepherds of the Church of God".

LWQ vice Pres. Hazel Weis, read a report from LWQ Pres Val Kath who recently attended the LWA Council meeting in Adelaide with LWQ Sec, Avalon Hall

A shared lunch and fellowship ended our gathering together as Lutheran Women.

Reporter: Narelle Jefferd





LWQ CENTRAL ZONE – ANNUAL RALLY / RETREAT

FORGIVEN WOMEN “FORGIVE” 22-23-24 March 2024

Hosted by Gladstone Lutheran Ladies Guild

Fri. – 58 Hennie Dr., Benaraby

Sat. – CWA HALL, 1 Steel St., Tannum Sands.

Sun. – SDA Church Cnr. Chapman & Tudman St., Gladstone.

Welcome to the Annual CQZ Rally/Retreat. A time to reflect on how God walks with us each day. A time of fellowship and encouragement as you meet with fellow Lutheran Women.

FRIDAY: 10am Country Christian Fellowship Day, **58 Hennie Drive Banaraby**
Morning Tea, Guest Speaker and lunch. This day is organised by a group of Ladies from different Denominations. Men are Welcome.

SATURDAY: CWA HALL Tannum Sands

8.30am Registration followed by programme for the day

Finishing at 3.30 pm with afternoon tea and free time. (Details when you register).

6.00pm Evening Meal (Men to join us) CWA HALL.

SUNDAY: 8.30am Holy Communion Service with **St. Martin's Congregation**
at SDA Church address above

Registration Form 22nd 23rd 24th March 2024

Name: _____

Address: _____

Phone: _____

Email: _____

Rally Fees: \$70. Includes Fri, Sat, Sun. (Y / N)

Saturday: \$40 (Registration lunch, morning and afternoon tea (Y / N)

Evening meal: \$30

Special Dietary Requirements: _____

8.30am Saturday Men arrive at CWA Hall Tannum Sands for day activities.

Closing Date for Registration 8th March 2024

Hospitality / accommodation requirements: (limited billets available)

Tannum on Beach Motel 49738911

Reef Adventure Land 49738522

Tannum Sands Hotel/Motel 49737439

Tannum Sands Caravan Park 49737201

Boyne Island Motel and Villas 49737444

Payment by (Cheque) to St. Martin's Lutheran Ladies Guild, PO Box 7074, Kin Kora 4680

Account Details: BSB 124073 A/c 10245332 Ref: Your name.

Email payment details to Sue Hebel, hebel.rs@bigpond.net.au

I the undersigned, apply to participate in the LWQCQ Zone Rally at Tannum Sands on 22-23-24 March 2024. I declare that LWQCQZ officers and all others concerned with the Rally shall be free from all responsibility whatsoever for any accidents and/or illness resulting from my participation in any activities associated with the Rally.

Signature _____



Being a steward at the 13th Assembly of the Lutheran World Federation – by Elsa Matthias

As a member of the LCANZ we are associate members of a worldwide communion of Lutherans! We are sisters & brothers of our Asian regional partners. For the last 4 yrs I have been the Australian youth rep in the LWF Global Young Reformer Network. This program is designed by the global youth, for global Lutheran youth. It provides a space for networking, worshipping, building leadership and taking action as one body of youth. Over the last 4 yrs I have lead and been a part of yearly online global worship sessions, Asian regional projects and participated in the Asian Church Leader Conferences (ACLC). These conferences are the centre of decision making and governance for the region, as part of the LWF.



I have grown so much as a leader and in my identity as a Lutheran. More importantly, I have made friendships and connections with my Lutheran family from around the world and this allows me to better support my community to spread the gospel. In Kuala Lumpur I met with youth delegates and stewards from the Asian region to discuss our joys and struggles as leaders in our own contexts, and developed 3 priorities which in the future will be acted upon.

Intergenerational Understanding * Youth Engagement * Church in Public. I am excited to see how we, as the one church of LCANZ can:

- Work together across our districts,
- Support the training and leadership of young people,
- Create meaningful intergenerational collaboration in the governance structures of our church and build inclusivity and welcoming as a core nature of our churches, so that our communities will feel the love of God from each and every one of us.

This is of course a very small snippet of what Elsa and the youth were a part of at the LWF.

[You can read Elsa's full story on the LWQ web page.](#)

BRISBANE SOUTH GOLD COAST ZONE FELLOWSHIP DAY – 10th Oct 2023

St Paul's Mt. Cotton, "A DIARY OF OUR PAST AND A GUIDE TO OUR FUTURE"

Zone President, Naomi Marks opened the morning with the theme "A DIARY OF OUR PAST AND A GUIDE TO OUR FUTURE". The day commenced with a warm welcome by our host President of Mt. Cotton, Inari Thiel. Greetings from our new LWQ Pres. Val Kath, were read. Pr Rob D'Antoni's opening devotion reflected on Australia's Remembrance Day verse Deut 32:7 "Remember the days of old, consider the generations long past. Ask your father and he will tell you, ask your elders, and they will explain to you". Remembrance Day – 11th of Nov. each year is dedicated to Australia & NZ & PNG soldiers who lost their lives in WW1 and all other wars since. As an act of solidarity, citizens observe a minute's silence to honour those who died fighting while protecting the nation. With this in mind we joined together in a day of faith, fellowship and sharing

to reflect on our past, hearing from our guest speakers about their experience and the thought provoking display of war-time memorabilia.



Pr Rob reminded us in John 15:9 Jesus speaks about His great love for us, highlighting the mateship and sacrifice of those first Anzacs at Gallipoli, which has shaped our nation and is indelibly embedded in our culture since 1915. Similarly, we as Christians are called to love others with sacrificial service, comparing these same ideals of the Anzac's mateship and sacrifice. As Christians who believe in the forgiveness and salvation won for all people by Jesus' own death on the cross, we ask God to help us to have a sacrificial love for others and continue to work for justice in the world.

Guest speaker Col Teagan, spoke of his time in the Relay Centre and Mail Service in Saigon, Vietnam as a communications operator before the time of computer technology. He explained each of his medals and unit citation, and also how the Victoria Cross is fashioned in bronze from cannons captured during the Crimean War (1854-56). Sharon Teagan and Betty Schultz also shared their personal family experiences of the war's impact and the importance of remembering and honouring those who sacrificed their lives.



Helen Stolz provided musical accompaniment for a singalong and soloist, Colette Mangan. Sharon Teagan had prepared a Red Poppy Remembrance Day craft for the 45+ guests to complete

whilst we enjoyed a buffet bring-a-long lunch. The ladies of St Paul's excelled in providing a wonderful day of fellowship ably led by Inari Thiel, Narelle Lanyon, Sue Dewitt, Irene Brown and the Holzapfel family – kitchen helpers.

The church was beautifully adorned with Australian natives and flowers, as the day unfolded in front of the altar acknowledging God's powerful loving hand in our nation's history and in our remembrance. Thankfulness for this wonderful day was also expressed through the offering of \$456.70 earmarked for ALWS projects.

Reporter: Leanne Kopp



JILL SCHEFE receiving the **LCANZ 'Servant of Christ' Award** from First Assistant Bishop of LCANZ, Ben Hentschke, for outstanding humble service to Calvary Lutheran Church, Glasshouse Mt., and the wider Church. Jill is a member of Calvary Women's Fellowship and Spiritual advisor to BN & SC Zone of LWQ.

LWQ Convention Quiz – Answers...

Bible Quiz with Humour

1. What kind of car is mentioned in the Bible?
Answer: Triumph (David's Triumph over Herod)
2. Why didn't they play cards on the Ark?
Answer: Noah was standing on the deck
3. What kind of man was Boaz before he married Ruth?
Answer: Ruthless
4. Which area of Palestine was especially wealthy?
Answer: Area around Jordan, the banks were always overflowing
5. Who was the greatest financier in the Bible?
Answer: Noah – He was floating his stock while everyone else was in liquidation
6. Who was the greatest female financier in the Bible?

- Answer: Pharoah's daughter, she went down to the bank and drew a little prophet
7. Which excuse did Adam give his children, as to why they were not in Eden.
Answer: Your Mother ate us out of house and home
8. Which servant of God was the worst Lawbreaker?
Answer: Moses – he broke the 10 commandants at the same time
9. Who was the greatest comedian in the Bible?
Answer: Samson – he brought the house down
10. Which Bible character had no parents/
Answer: Joshua – He was the son of Nun.
11. Who was the greatest baby sitter mentioned in the Bible?
Answer: David – he rocked Goliath into a very deep sleep
12. Did you know it is a sin for a woman to make a pot of tea?
Answer: The Bible says – He brews

What do the pictures say – Answers:

- A. To paint a grim picture B. Foam rubber C. Football match D. Superior
E. Selling ice to Eskimo's F. Work for the dole G. Captivity H. Go back to your roots
I. A drowned rat J. One chop short of a BBQ K. Octopus L. Crimes of Passion

Congratulations to all who got them correct

SAVE THE DATE LWA Convention 1, 2, 3 October 2024

Venue: 'Unity College', Murray Bridge, SA.

Accommodation: Bridgeport Hotel. A deposit has been paid to secure 80 rooms (for 1,2,3 Oct). Twin share rooms will be \$170.00 per night. A fee of \$15.00 to split king beds to singles. Breakfast will be an extra cost.

Other accommodation: caravan parks and cheaper hotels/motels are also available

Travel between venue & accommodation: LWA ladies are hoping to organise transport from this hotel to venue (& may be able to pick-up en-route if other accom is used)

Convention Timetable:

- 1st October – Tuesday 3-5pm – Registration begins
- 2nd October – 9.00am start for Convention – Dinner in the evening
- 3rd October – 9.00am start for Convention
- 3rd October – 3.30-4.00pm – closing service

EXPRESSION OF INTEREST: LWQ Exec is investigating some options for group travel to LWA Convention. To proceed with this, we need commitment from at least 20 ladies interested in attending this convention

Rough Itinerary: Depart Brisbane Airport, 1 Oct @ 6am. Arrive Adelaide, transfer to Murray Bridge, arrive 9.30am. Half day sight seeing. Attend Convention (1,2,3 Oct). Half day sight seeing on Fri 4 Oct. Depart Adelaide late Fri 4 Oct, arrive Brisbane. Estimated cost of airfare & transfer to/from accom ONLY would be \$500-630 (depending on airline chosen). Accommodation, any sight seeing costs, getting to/from Brisbane Airport would be incurred separately. As you can appreciate, we need your interest registered with Avalon (M: 0413504185 or E: no_java2010@hotmail.com) by 15th January 2024 to progress any further.

NOTICE: At the recent LWQ Executive meeting it was decided to get in touch with Pr Mark Winter and ask if there were any needs for the Hope Vale/Wujal Wujal mission where Lutheran Women could help. He has suggest there is a great need for Children's Devotions/Bible Story books. So please if you have any spare they can be dropped off with your Pastor or anyone going to Church office or if you know of anyone travelling to NQ.

FROM THE EDITOR

Thank you all for keeping your reports coming in. PLEASE PLEASE! send in the dates of NEXT YEARS Zone Fellowship and Rally days to Secretary Avalon ASAP so I can print them in future Newsletters. People do travel and you never know when you might have someone passing through your town and would like to join you on these special occasions.

As you most likely see, I have to condense your reports to go to the Lutheran Women Magazine, 350-400 words max. Photos need to be straight from your device. You can send to me on Messenger or as attachments. **Don't forget to check the LWQ web page** as more in-depth information can be found there. Our Web manager Susan is to be commended for her input as we become more and more digital and tech savvy.



We have two Retreats happening in March 2024, wouldn't it be great to attend one or both. As they are both in March you'll need to plan ahead. Our Newsletter is reaching further out into the community, as Lutheran Women are being recognised more and more for what is our purpose – and that above all is “mission” and supporting each other in our Christian life.

Together in Christ, *Pam Flesser*

NEWSLETTER INFORMATION: Deadline for MAY 2024 Issue 30th April 2024.....

EDITOR:- Pam Flesser, 26/23 Blackwood St., MAROOCHYDORE 4558

pnpfless@bigpond.net.au Mob 0416 203 433

FORMAT FOR MATERIAL MS WORD DOC High resolution photos, please.

Looking for news/dates/events of LWQ look no further than our

Lutheran Women of QLD website: lwq.org.au

2024 DATE CLAIMERS:

DDZ Rally	16 February, Haden
LWQ Retreat	8-10 March, Maroochy Waterfront
CQZ Rally/Retreat	22-24 March, Gladstone
BSGCZ Rally	17 April, Trinity Southport
WBBZ Rally	18 April, Hervey Bay
WMZ Rally	30 April, Lockrose.

LWA Executive:

President: Grace Kroehn
belmontprops@bigpond.com
Vice Pres: Maureen Turner
Travellingturners2@gmail.com
Secretary: Val Schild
vischild@gmail.com
Treasurer: Beryl Smith
Extra Mem: Dianne Adams

LWQ Executive

President: Val Kath
wayvalkath@gmail.com
Vice-Pres: Hazel Weis
greywizes@tpg.com.au
Secretary: Avalon Hall
no_lava2010@hotmail.com
Treasurer: Leanne Warbrooke
warbrooke05@bigpond.com
Extra Member: Colette Mangan

“Beach, Bible, Belonging” Retreat

“A Sweet friendship refreshes the soul” Proverbs 27:9

Will you be joining us at the beautiful Maroochy Waterfront 8-10 March, 2024?

Every woman should go on a retreat at least once in their lives. Women have a lot of reasons and excuses not to go. You may say something like: “It’s too far away”, “Who will take care of my husband – the kids?”, “I’m scared, what if I don’t know anyone?” or “What good will it do me anyway?” But after you see your friends coming home from a Retreat and they start sharing their wonderful experiences, you may regret your decision not to join them.

LWQ Retreat gives opportunity to dedicate time and space for yourself to slow down, rest, adventure together and to build relationships, to laugh, have fun, enjoy solitude and to connect with God and His word. It’s hard to pray and hear God’s word when our days are so structured, and we need to keep up with worldly tasks and work and family responsibilities. Retreat is a unique getaway to renew friendships, form bonds with one another and to meet new people. We come together in Faith, Friendship and Service in the love of God.

Take time to:-

1. Just be – make yourself available to God Psalm 46:1 ‘Be still and know that I am God.’
2. Give thanks to God and celebrate what he’s presently doing in your life.
3. Praise God for who he is.
4. Surrender your attitude, desires and heart to God.
5. Pray for yourself and others for the Holy Spirit to bring the Word of God to your heart.
6. Spend time in the Bible and reflect on the Word. Please bring your Bible.
7. Claim God’s promises to accomplish his will.
8. Encourage and build your faith.
9. Rest – it is okay to not be doing something every minute of your retreat.
10. Enjoy fun, faith, friends and food. We look forward to seeing you there!

Program

Friday

3:00pm Arrival on site and check in. Free time
5:45pm Welcome
6:00pm Dinner
7:00pm Friday Evening Program – **Beach**
9:30pm Close of evening / return to rooms/free time/goodnight!

Saturday

7:00am Morning devotions outdoors
7:30am Breakfast
8:30am Saturday Morning Program – **Bible**
10:00am Morning Tea
10:30am **Bible** Continued
12noon Lunch
12:30pm Saturday Afternoon Program – **Belonging**
1:30pm Surprise Activities
4:00pm Afternoon Tea & Free Time
6:00pm Dinner
7:00pm Laugh, the Bible laughs with you
9:30pm Close of evening / return to rooms/free time/goodnight!

Sunday

7:30am Morning devotions
8:00am Breakfast
Pack up and free time
9:30am Morning Tea
10:00am Worship Celebration with Holy Communion
11:45am Lunch & Farewell – See you again in 2025 Retreat/Convention

REGISTRATION FORM LWQ RETREAT 8-10th March 2024

Theme: **“Beach, Bible, Belonging”**

“A Sweet friendship refreshes the soul” Proverbs 27:9

Maroochy Waterfront Camp and Conference Centre – 42 David Low Way, Diddillibah QLD 4559

Ladies Registration

Surname	Given name
Address	
Phone	Date of Birth
Email	
Next of Kin-name	Phone
Guild/Fellowship	
Health issue	

Men’s Registration for husbands/partners of Ladies attending

Surname	Given Name
Phone	
Health issues	

There will be no individual alternatives given – you must choose from the below!

Registration Description – Please fill in all that apply	Cost	Total
Friday to Sunday incl all meals & Accommodation <i>twin/triple share</i>	\$300	
Friday to Sunday incl all meals & Accommodation <i>single room</i>	\$380	
Gluten free – if you require gluten free meals additional cost	\$30	
Linen Pack – sheets, blanket, pillow with pillow case and a bath towel: must be pre-ordered (If you’re not bringing them with you)	\$30	
Offsite accommodation, no breakfasts but all other meals Fri-Sun	\$180	
Saturday only Ladies– Morning Tea, Lunch, Afternoon Tea & 2 course Dinner No breakfast	\$120	
Men’s package (incl. Accom. Fri. & Sat. night; Saturday breakfast, A/tea, 2 course dinner, Sunday: Breakfast, M/tea & lunch Note This does NOT INCLUDE dinner Fri night or M/T & lunch on Saturday)	\$230	
Men off site accommodation, no breakfasts, Saturday A/T & Dinner Sunday M/tea & Lunch	\$100	
Saturday only Men -Afternoon tea & 2 course dinner	\$60	
Late fee If paid after 01.02.24 No registrations accepted after 14/2/24	\$20	
TOTAL COST		

Please note if cancellation occurs \$20.00 Fee is non refundable

Registration required by...01/02/24

Payment Details:- Direct Credit to: LWQ BSGCZ BSB 704942 Account No 100081215 Ref:::your name/Cheque or Money Order payable “Lutheran Women Queensland Brisbane South & Gold Coast Zone” **Please post / Email signed form and Payment details to:** Ms. Colette Mangan, 7/171 Queen Street, Southport 4215 OR Scan and email to: Cm6871@gmail.com

I/ We..... do hereby apply to participate in the LWQ Retreat at Maroochy Waterfront Camp and Conference Centre, 8-10 March, 2024. I declare that LWQ/ BSGCZ officers and all others concerned with the Retreat be free from all responsibility whatsoever for all accidents or illnesses resulting from my participation in any activities with the Retreat. Furthermore, I promise to conduct myself as a Christian and willingly submit to the rules set down for the Retreat/Convention.

I DO ___ / **DO NOT** ___ agree to my photo being used in LWQ Publications.

SIGNATURE...Lady..... Date...../...../2024

Man.....Date...../... / 2024

Please indicate if double bed is preferred

Name of person/s I wish to roommate with: if applicable.....