***“Beach, Bible, Belonging” Retreat***

*“A Sweet friendship refreshes the soul” Proverbs 27:9*

*Will you be joining us at the beautiful Maroochy waterfront 8-10 March, 2024?*

Every woman should go on a retreat at least once in their lives. Women have a lot of reasons and excuses not to go. You may say something like: “It’s too far away”, “Who will take care of my husband – the kids?”, “I’m scared, what if I don’t know anyone?” or “What good will it do me anyway?” But after you see your friends coming home from a retreat and they start sharing their wonderful experiences, you may regret your decision not to join them.

**LWQ Retreat** **gives opportunity to dedicate time and space for yourself to slow down, rest, adventure together and to build relationships, to laugh, have fun, enjoy solitude and to connect with God and His word.** It’s hard to pray and hear God’s word when our days are so structured, and we need to keep up with worldly tasks and work and family responsibilities. Retreat is a unique getaway to renew friendships, form bonds with one another and to meet new people. We come together in Faith, Friendship and Service in the love of God.

**Take time to**:-

1. Just be – make yourself available to God Psalm 46:1 ‘*Be still and know that I am God.’*
2. Give thanks to God and celebrate what he’s presently doing in your life.
3. Praise God for who he is.
4. Surrender your attitude, desires and heart to God.
5. Pray for yourself and others for the Holy Spirit to bring the word of God to your heart.
6. Spend time in the Bible and reflect on the word. - Please bring your Bible.
7. Claim God’s promises to accomplish his will.
8. Encourage and build your faith.
9. Rest – it is okay to not be doing something every minute of your retreat.
10. Enjoy fun, faith, friends and food. We look forward to seeing you there!

**Program**

Friday

3:00pm Arrival on site and check in. Free time

5:45pm Welcome

6:00pm Dinner

7:00pm Friday Evening Program – **Beach**

9:30pm Close of evening / return to rooms/free time/goodnight!

Saturday

7:00am Morning devotions outdoors

7:30am Breakfast

8:30am Saturday Morning Program – **Bible**

10:00am Morning Tea

10:30am **Bible** continued

12noon Lunch

12:30pm Saturday Afternoon Program – **Belonging**

1:30pm Surprise Activities

4:00pm Afternoon Tea & Free Time

6:00pm Dinner

7:00pm Laugh, the Bible laughs with you

9:30pm Close of evening / return to rooms/free time/goodnight!

Sunday

7:30am Morning devotions

8:00am Breakfast

 Pack up and free time

9:30am Morning Tea

10:00am Worship Celebration with Holy Communion

11:45am Lunch & Farewell – See you again in 2025 Retreat/Convention